

Sleep Data Inc.  
Statement of Medical Necessity  
Sleep Apnea Study

M \_\_\_\_\_ ID# \_\_\_\_\_ has been evaluated for sleep disordered breathing or obstructive sleep apnea . A sleep apnea study needs to be performed and is medically necessary based upon the following clinical symptoms.

The patient history reveals the following conditions:

- |  |  |
|--|--|
| <input type="checkbox"/> excessive daytime somnolence                    | <input type="checkbox"/> obesity             |
| <input type="checkbox"/> snoring   | <input type="checkbox"/> depression          |
| <input type="checkbox"/> falling asleep while driving                    | <input type="checkbox"/> hypertension        |
| <input type="checkbox"/> polycythemia                                    | <input type="checkbox"/> nocturia            |
| <input type="checkbox"/> pedal edema                                     | <input type="checkbox"/> impotency           |
| <input type="checkbox"/> awakens with the sensation of choking & gasping | <input type="checkbox"/> GE reflux           |
| <input type="checkbox"/> awakens with headache                           | <input type="checkbox"/> heart disease       |
| <input type="checkbox"/> caffeinated beverages (within 4 hrs. of sleep)  | <input type="checkbox"/> alcohol consumption |
| <input type="checkbox"/> smoking > 1 pack/day                            | <input type="checkbox"/> allergic rhinitis   |
| <input type="checkbox"/> other:  | <input type="checkbox"/> type II diabetes    |

The patient's sleep observer gives the following description of sleep abnormalities:

- soft or loud snoring
- observed apnea during sleep

Medical examination has revealed:

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> hypertension | <input type="checkbox"/> maxillo-mandibular malformation |
| <input type="checkbox"/> pedal edema  | <input type="checkbox"/> adeno-tonsillar enlargement     |
| <input type="checkbox"/> weight       | <input type="checkbox"/> height                          |

The above factors indicate the high probability of sleep apnea, upper airway resistance syndrome, or hypoventilation, which should be treated if diagnostically confirmed through a sleep study.

\_\_\_\_\_  
Clinician

\_\_\_\_\_  
Date